



# ***In The Wind***

**J / 1 0 5   C l a s s   A s s o c i a t i o n**

## **WORLD SAILING INTRODUCES MEASURES TO DEAL WITH THE EFFECTS OF COVID-19**



**World Sailing**

**Guidance for Event Organizers for the Protection  
of the Health of Sailing Communities PDF**

Photo courtesy of Chris Howell

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**J-105 Sails by J-105 Sailors**

**Ioulou**  
**East Coast Champion 2018,2019**

**J105sails.com**

## ***President's Corner***

Dear Members,

I hope that this edition of our Class newsletter finds you all as well as can be in today's circumstances. Who would have thought that we all would be in the situation that we currently find ourselves in; never mind the impact it has had on our lives and leisure time. When this pandemic passes and the world returns to some degree of normality, we will appreciate to a greater degree how special our sport is. Whilst the majority are not able to race or sail in the manner we are used to, it does provide the opportunity perhaps to experience some of the other

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ways to enjoy the use of the J/105.

As lockdowns ease, organizations may be able to run limited racing, double-handed or even single-handed events. Cruising with the family may even make an appearance for a while! Whatever your choice, using your boat is better than it being idle.

The Executive Committee is watching developments and the easing of lockdowns closely, and whilst we may have to be patient a while longer, it is hopeful of running some events toward the end of the season this year. The most obvious event is the North American Championship in Annapolis at the end of October, and there is already a healthy provisional entry list. Whilst moving boats might be a bit ambitious, contact the Fleet there (#3) if you're interested, and I'm sure they will be able to help you find one.

In the meantime, stay healthy!

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# ***Sailor Spotlight:*** **Cindy Einhouse,** **Fleet 22**



Photo courtesy of Dave Mathias

## ***Celebrating the Community of Women in Racing***

According to Dictionary.com, the definition of “role model” is “a person whose behavior, example, or success is or can be emulated by others, especially by younger people.” And studies show that people are more likely to emulate role models with whom they can identify.

That’s what extraordinary about people like Tracy Edwards who skippered the first all-female crew in the Whitbread Round the World Yacht Race in 1989, and Dawn Riley - the first woman to manage an entire America’s Cup syndicate in 2007. They influenced many young women to go beyond commonly accepted boundaries and insert themselves into a previously male-dominated sport. Role models and inspiration can be found in many places, though.

There were very few women skippers and/or boat owners in the Cleveland area when I started sailing. My husband Tom and I were introduced to the sport during the summer of 1987 and crewed on a C&C41 out of Edgewater Yacht Club (EWYC) from 1988-1994. Eventually (because we were the ones who always showed up for every single race!) over time, the skipper relied on us for recruiting, training and organizing crew for club races and travel regattas. At first, it was the men on the boat who primarily got the regular crew positions, while the women generally would ride the rail. However, that eventually changed when inevitably we were short on regular crew, and women were ready and able to do some hands-on learning.



Photo courtesy of Cindy Einhouse

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105

It was at the end of 1994 that EWYC member Corrine del Bane had the idea to form a women's sailing association, and I joined the inaugural group that kicked off the organization with a fundraising event at the University Club in early 1995, with Dawn Riley as keynote speaker. Now known as the North Coast Women's Sailing Association (NCWSA), the group is still going strong with 200+ members, and the original mission still in place: "To empower women to become more actively involved in sailboat racing through regattas and clinics, and to create a spirit of good fellowship among members."

Hosted by Edgewater Yacht Club and operated solely by volunteers, NCWSA organizes races, educational meetings, social events and an annual regatta throughout the year. The group encourages men to be active in coaching, training and race committee, and relies on many to loan their boats for NCWSA activities. Fleets include J/22s, J/24s, Ensigns, Dragons, as well as JAM, PHRF and Race "Prep" boats for those who are brand-new to sailing. Tom and I both participate with NCWSA as well as regular club races and regattas on our own boat.

That same year of 1994, we bought our first boat when our oldest son was three months old – a J/29, *Ovation* – and put together a crew. For the next several years, we took turns; one of us raced while the other stayed home with our son, and a few years later, two sons. This allowed us to equally develop our skills and confidence at the helm. Eventually when we started to race together again, we had to work on our team management skills, since we were both used to being "in charge."

In 2018, we sold the J/29 and bought a J/105, still named *Ovation*, and began racing in the one-design fleet at EWYC. We still take turns at the helm, while the other takes the pit, sail trim, foredeck or navigation, depending on whatever needs to be covered. We have found one-design racing to be a welcome challenge, extremely competitive, with a hugely supportive fleet. The one-design fleet reminds me of what is special about all-women crews – the camaraderie. But nothing beats an all-woman crew, because female networks tend to feel warm, welcome, and safe. Just ask anyone who is in a book club. Same thing.



# 2020

## NORTH AMERICAN CHAMPIONSHIP



### COVID UPDATE:

We are pleased that recreational boating bans have been lifted by Maryland's Governor to allow families to get back on the water. AYC is working on roll-out plans to keep competitors, RC volunteers, and staff safe once the race program is back on track.

### SIGN UP EARLY TO IMPROVE EVENT PLANNING

- Sign up link:  
[www.yachtscoring.com/  
emenu.cfm?eid=11752](http://www.yachtscoring.com/emenu.cfm?eid=11752)
- 19 boats have already signed up (with 5 months to go)
- Brand New AYC World-Class Sailing Center
- Tune-up regatta – Fall Series (October 17-18)
- For questions, contact  
[lambrose@annapolisyc.org](mailto:lambrose@annapolisyc.org)



# ANNAPOLIS YACHT CLUB

## OCTOBER 29 — NOVEMBER 1

# Technical Committee Report

Matt Arno – Class Measurer, Fleet 16, Dallas/Fort Worth

Doug Bailey – Fleet 1, San Francisco

Angelo Guarino – Fleet 3, Chesapeake

*It has been all quiet on the Technical Committee front for the last couple months, just as it has for everybody. Right when the normal spring surge of technical questions (where can I get this, can I substitute this for that, is what I want to do legal?) would have started, everything came to a standstill. The Technical Committee is on standby waiting for your questions when you get back to your boats and pick up where you left off in early March. Just remember, it is much better to ask permission than forgiveness. We can usually help you figure out a solution that will keep you Class legal.*

There were a couple questions that we were asked that may be of broader interest:

Martec no longer makes props. They will refurbish them but no longer have an inventory of spare parts. So if your prop needs replacement parts, either get busy with your eBay and Craigslist searches, or bite the bullet and buy a different prop. Rule Interpretation RI-04-02, <http://j105.org/rule-interpretations/rule-interpretation-ri-04-02/> provides guidance, but here is the short story of it. Any 2-blade folding or feathering prop with a blade diameter of 15 inches is acceptable. From a drag perspective, folding is better than feathering, and non-geared is better than

geared due to the smaller hub. So for all of us racers, most of you we presume, you will want a folding non-geared prop.

We've also been asked about leaking holding tanks. My sympathies if you are having problems with that. Here are two pointers to keep in mind.

1. The shelf behind the sink is easily removable allowing better access to much of the tank than just through the little door under the sink.
2. The amount of removal and reinstallation that it would take to remove and especially reinstall a hard tank is unreasonable. For that reason, we'll accept replacing the hard tank with a soft bag with a volume of at least 14.5 gallons. This is what came stock on the early boats and is an exception to our normal policy of not allowing backwards compatibility, which we are allowing to ease maintenance issues. That will allow you to cut up the hard tank and remove it and install a soft bag without having to dismantle most of the head compartment.



# Calendar

## 2020

### **2020 Bill Volk Regatta at Keyport Yacht Club**

Jun 13 – Jun 14

### **2020 June “Big Fleet” Invitational at San Francisco Yacht Club**

Jun 13 – Jun 14

### **2020 Bay Bridge Regatta at South Beach Yacht Club**

Jun 27 – Jun 28

### **2020 Red Grant Regatta at Raritan Yacht Club**

Jul 11 – Jul 12

### **2020 Sausalito One Design Invitational at Sausalito Yacht Club**

Jul 18 – Jul 19

### **2020 Marblehead NOOD at Corinthian Yacht Club**

Jul 23 – Jul 26

### **2020 Edgartown Race Weekend – Round-The-Buoys at The Edgartown Yacht Club**

Jul 30 – Jul 31

### **2020 Edgartown Race Weekend – Round-The-Island Race at The Edgartown Yacht Club**

Aug 1

### **2020 SFYC Summer Keelboat at San Francisco Yacht Club**

Aug 8 – Aug 9

### **2020 Phyllis Kleinmann Swiftsure at St. Francis Yacht Club**

Aug 22 – Aug 23

### **2020 Annapolis NOOD at Annapolis Yacht Club**

Aug 28 – Aug 30

### **2020 San Diego NOOD at San Diego & Coronado Yacht Clubs**

Sep 4 – Sep 6

### **2020 Rolex Big Boat Series at St. Francis Yacht Club**

Sep 17 – Sep 20

### **2020 American Yacht Club Fall Series at American Yacht Club**

Sep 26 – Sep 27

### **2020 East Coast Championship at American Yacht Club Fall Series at American Yacht Club**

Oct 3 – Oct 4

### **2020 J/105 North American Championship at Annapolis Yacht Club**

Oct 29 – Nov 1



## Calendar

# 2021

### 2021 Charleston Race Week

Apr 8 – Apr 11

### 2021 Cleveland Race Week at Edgewater Yacht Club

Jun 18 – Jun 27

### 2021 J/105 North American Championship at San Francisco Yacht Club

Sep 30 – Oct 3

# 2022

### 2022 J/105 North American Championship at American Yacht Club

Sep 28 – Oct 2



## Your donation makes a difference

The Young American Sailing Academy (YASA) is developing a new generation of offshore sailors. Through the program, juniors establish life-long sailing skills, broaden social/leadership skills, and master high-level racing skills. At YASA, we believe the J/105 is the perfect boat to train enthusiastic sailors, which is why a charitable donation to YASA's growing J/105 team is beneficial to the youth sailing community.

With your charitable donation, YASA will be able to expand the outreach of the program. As a 501(c)(3) YASA will provide you tax deductions. YASA welcomes donations of all kinds including boats and inshore and offshore sails.

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